



movement for life

physical therapy

treatment
referral

PATIENT'S NAME: PATIENT'S PHONE:

DIAGNOSIS: DOB:

PRECAUTIONS:

physical therapy

- ☐ **Evaluate & Treat**
- ☐ **Therapeutic Exercise**
(Active, Passive, PRE)
- ☐ **Functional Activities**
(Gait, Balance, ADL)
- ☐ **Neuromuscular**
Re-education
- ☐ **Manual Therapy**
(Joint & Soft Tissue
Mobilization)
- ☐ **Modalities**
(E-stim, Ice, Moist Heat)
- ☐ **Traction** (Lumbar, Cervical)

specialty programs

- ☐ Activity Prescription Program
- ☐ Arthritis/Prehabilitation Program
- ☐ Balance/Fall Prevention
- ☐ Blood Flow Restriction (BFR)
- ☐ Cardiopulmonary Physical Therapy
- ☐ Diabetic Peripheral Neuropathy
- ☐ Hand Therapy Specialty
- ☐ Low Back and Neck Pain
- ☐ Osteoporosis Program
- ☐ Post-Mastectomy Care
- ☐ Post-surgical Care
- ☐ Prenatal Programs (Carpal Tunnel
Syndrome, Low Back/Pelvic Pain)
- ☐ TMJ/Headache Program
- ☐ Vestibular Rehabilitation
- ☐ Work Injury/Return To Work

Comments / Parameters:

Frequency: times per week for weeks. Signature: Date:

the experts in movement

movement for life
physical therapy

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