



PATIENT'S NAME: PATIENT'S PHONE:

DIAGNOSIS: DOB:

PRECAUTIONS:

physical therapy

- Evaluate & Treat**
- Therapeutic Exercise**
(Active, Passive, PRE)
- Functional Activities**
(Gait, Balance, ADL)
- Neuromuscular Re-education**
- Manual Therapy**
(Joint & Soft Tissue Mobilization)
- Modalities**
(E-stim, Ice, Moist Heat)
- Traction** (Lumbar, Cervical)

specialty programs

- Activity Prescription Program
- Arthritis/Prehabilitation Program
- Balance/Fall Prevention
- Blood Flow Restriction (BFR)
- Cardiopulmonary Physical Therapy
- Diabetic Peripheral Neuropathy
- Hand Therapy Specialty
- Low Back and Neck Pain
- Osteoporosis Program
- Post-Mastectomy Care
- Post-surgical Care
- Prenatal Programs (Carpal Tunnel Syndrome, Low Back/Pelvic Pain)
- TMJ/Headache Program
- Vestibular Rehabilitation
- Work Injury/Return To Work

Comments / Parameters:

Frequency: times per week for weeks. Signature: Date:

the experts in movement



arroyo grande

1510 W. Branch St
Arroyo Grande, CA 93420
P: (805) 489-7912
F: (805) 489-9697

atascadero

6907 El Camino, Ste D
Atascadero, CA 93422
P: (805) 466-6719
F: (805) 466-5286

morro bay

890 Shasta Ave
Morro Bay, CA 93443
P: (805) 772-4325
F: (805) 772-2886

orcutt

4869 S. Bradley Rd #114
Orcutt, CA 93455
P: (805) 938-5320
F: (805) 938-5390

paso robles

1414 Park St
Paso Robles, CA 93446
P: (805) 226-0975
F: (805) 226-0909

slo-aerovista

805 Aerovista Pl, #104
San Luis Obispo, CA 93401
P: (805) 543-7771
F: (805) 543-7761

slo-meinecke

862 Meinecke Ave, #101
San Luis Obispo, CA 93405
P: (805) 269-6402
F: (888) 909-5102

santa maria

2011 S. Broadway, Ste N
Santa Maria, CA 93454
P: (805) 440-9318
F: (805) 354-7088

templeton

350 Posada Ln #103
Templeton, CA 93465
P: (805) 434-2050
F: (805) 434-0065

[movementforlife.com](https://www.movementforlife.com)