



movement for life physical therapy

treatment
referral

PATIENT'S NAME: PATIENT'S PHONE:

DIAGNOSIS: DOB:

PRECAUTIONS:

physical therapy

- Evaluate & Treat**
- Functional Activities**
(Gait, Balance, ADL)
- Manual Therapy**
(Joint & Soft Tissue Mobilization)
- Modalities**
(Elect Stim, Ultrasound, Iontophoresis)
- Neuromuscular Re-education**
- Therapeutic Exercise**
(Active, Passive, PRE)
- Traction** (Lumbar, Cervical)
- Comments:**
-
-

specialty programs

- ACL Injury Prevention
- Arthritis/Prehabilitation Program
- Balance/Fall Prevention
- Blood Flow Restriction (BFR)
- Cardiopulmonary Physical Therapy
- Concussions
- Diabetes Management
- Dry Needling
- Parkinson's Treatment Programs
- Osteoporosis Program
- Post-surgical Care
- Postural Program
- Pelvic Floor
- Strength-Training Program
- TMJ/Headache Program
- Vestibular Rehabilitation
- Weight Loss Prescription**
(Weight Loss Coaching, Fitness Training)
- Work Injury/Return To Work
- Other**
-

Comments / Parameters:

Frequency: times per week for weeks. Signature: Date:

the experts in movement

south asheville

20 Gala Dr. #G-104
Asheville, NC 28803
P: (828) 484-4200
F: (828) 585-6659

hendersonville

101 E Allen St, Ste 103
Hendersonville, NC 28792
P: (828) 417-0160
F: (828) 417-3151

north asheville

858 Merrimon Ave.
Asheville, NC 28804
P: (828) 552-4217
F: (828) 417-3149

waynesville

13 Haywood Office Park, Bldg B
Suite 108
Waynesville, NC 28785
P: (828) 452-1306
F: (828) 452-9058

candler

1572 Sand Hill Rd, #101
Candler, NC 28715
P: (828) 552-5342
F: (828) 641-9303



[movementforlife.com](https://www.movementforlife.com)