



PATIENT'S NAME: ..... PATIENT'S PHONE: .....

DIAGNOSIS: ..... DOB: .....

PRECAUTIONS: .....

### physical therapy

- Evaluate & Treat**
- Functional Activities**  
(Gait, Balance, ADL)
- Manual Therapy**  
(Joint & Soft Tissue Mobilization)
- Modalities**  
(Elect Stim, Ultrasound, Iontophoresis)
- Neuromuscular Re-education**
- Therapeutic Exercise**  
(Active, Passive, PRE)
- Traction** (Lumbar, Cervical)
- Comments:** .....
- .....
- .....

### specialty programs

- ACL Injury Prevention
- Arthritis/Prehabilitation Program
- Balance/Fall Prevention
- Blood Flow Restriction (BFR)
- Cardiopulmonary Physical Therapy
- Concussions
- Diabetes Management
- Dry Needling
- Parkinson's Treatment Programs
- Osteoporosis Program
- Post-surgical Care
- Postural Program
- Pelvic Floor
- Strength-Training Program
- TMJ/Headache Program
- Vestibular Rehabilitation
- Weight Loss Prescription**  
(Weight Loss Coaching, Fitness Training)
- Work Injury/Return To Work
- Other** .....
- .....

Comments / Parameters: .....

Frequency: ..... times per week for ..... weeks. Signature: ..... Date: .....

# the experts in **movement**

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