## treatment referral

PATIENT'S NAME: $\qquad$
$\qquad$
DIAGNOSIS: $\qquad$ DOB: $\qquad$
PRECAUTIONS:

## physical therapy

## $\square$ Evaluate \& Treat

ㅁ Therapeutic Exercise (Active, Passive, PRE)
$\square$ Functional Activities (Gait, Balance, ADL)
$\square$ Neuromuscular
Re-education
$\square$ Manual Therapy
(Joint \& Soft Tissue
Mobilization)

Modalities
(Elect Stim, Ultrasound, Iontophoresis)
$\square$ Thermal Modalities
(Ice, Moist Heat)Traction (Lumbar, Cervical)Comments: $\qquad$
$\qquad$
$\qquad$

## specialty programs

ㅁ Activity Prescription Program (General Exercise for Health/Disease Prevention, Oncology Rehab, Diabetes Management through Activity)

ㅁ Arthritis/Prehabilitation Program
ㅁ Balance/Fall Prevention
ㅁ Blood Flow Restriction (BFR)
$\square$ Cardiopulmonary Physical Therapy
$\square$ Diabetic Peripheral Neuropathy
$\square$ Low Back and Neck Pain
$\square$ Osteoporosis Program
ㅁ Post-mastectomy Care

- Post-surgical Care

Prenatal Programs (Carpal TunnelSyndrome, Low Back/Pelvic Pain)TMJ/Headache Program

- Vestibular RehabilitationWork Injury/Return To WorkOther $\qquad$

Comments / Parameters:
Frequency: $\qquad$
$\qquad$ weeks. Signature: $\qquad$ Date: $\qquad$

## the experts

in movement

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気 movement for life physical therapy

